
PSALMS
FOR THE VALLEY




GreetPool
You are stronger than you think, and you are not alone.
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I KNOW YOU WANTED SOME
TIME OFF WORK BUT THIS IS
A BIT EXTREME




get well soon
because im
doing all
your work.



SORRY TO HEAR
THAT YOU'LL HAVE
TO EAT HOSPITAL
FOOD



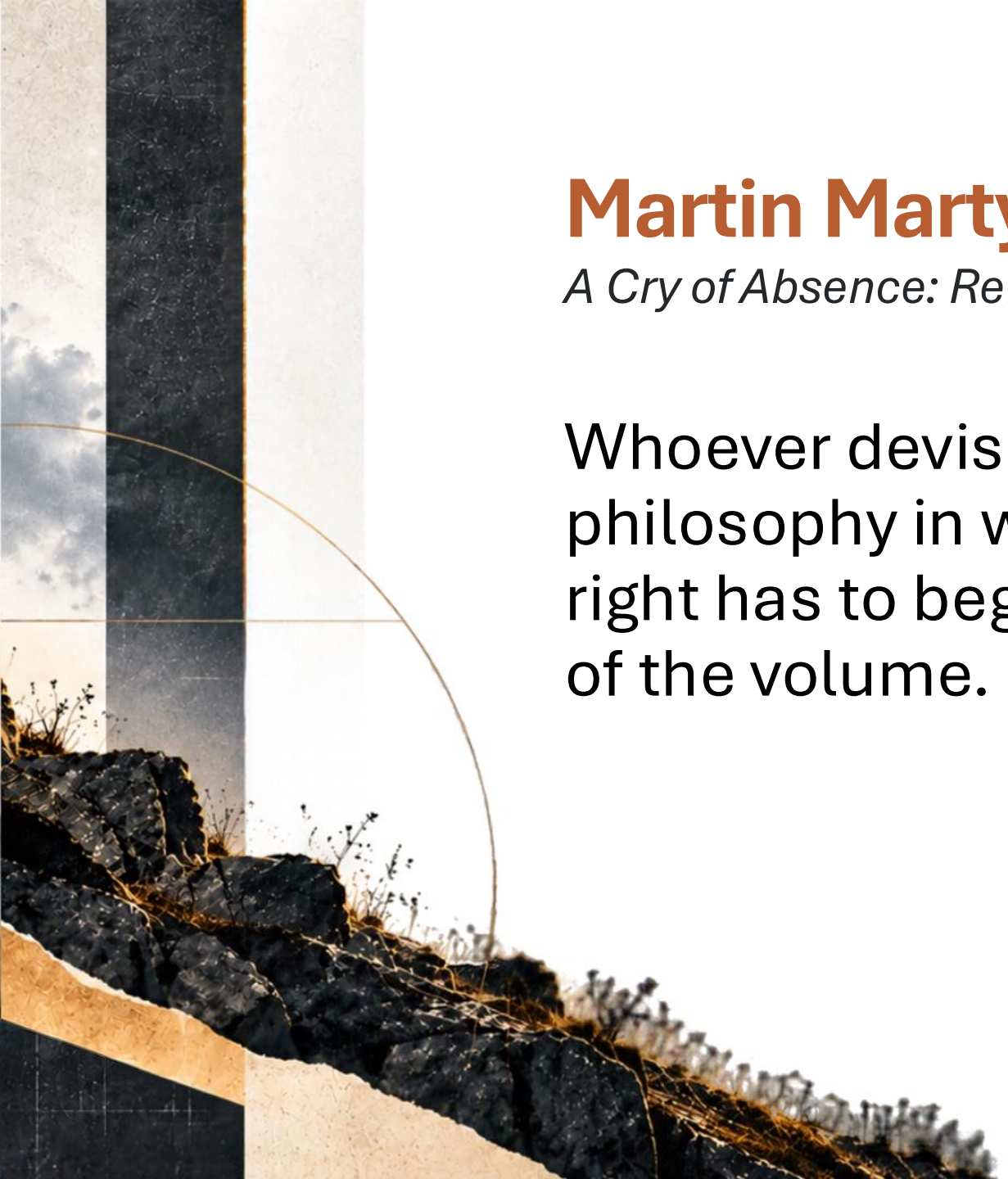

This card has not
made you feel better but
makes me feel better.


WHEN THE DARKNESS
DOESN'T LIFT
PSALM 88

Four lessons in the darkness

1. Darkness is a real possibility for *real* Christians





Martin Marty

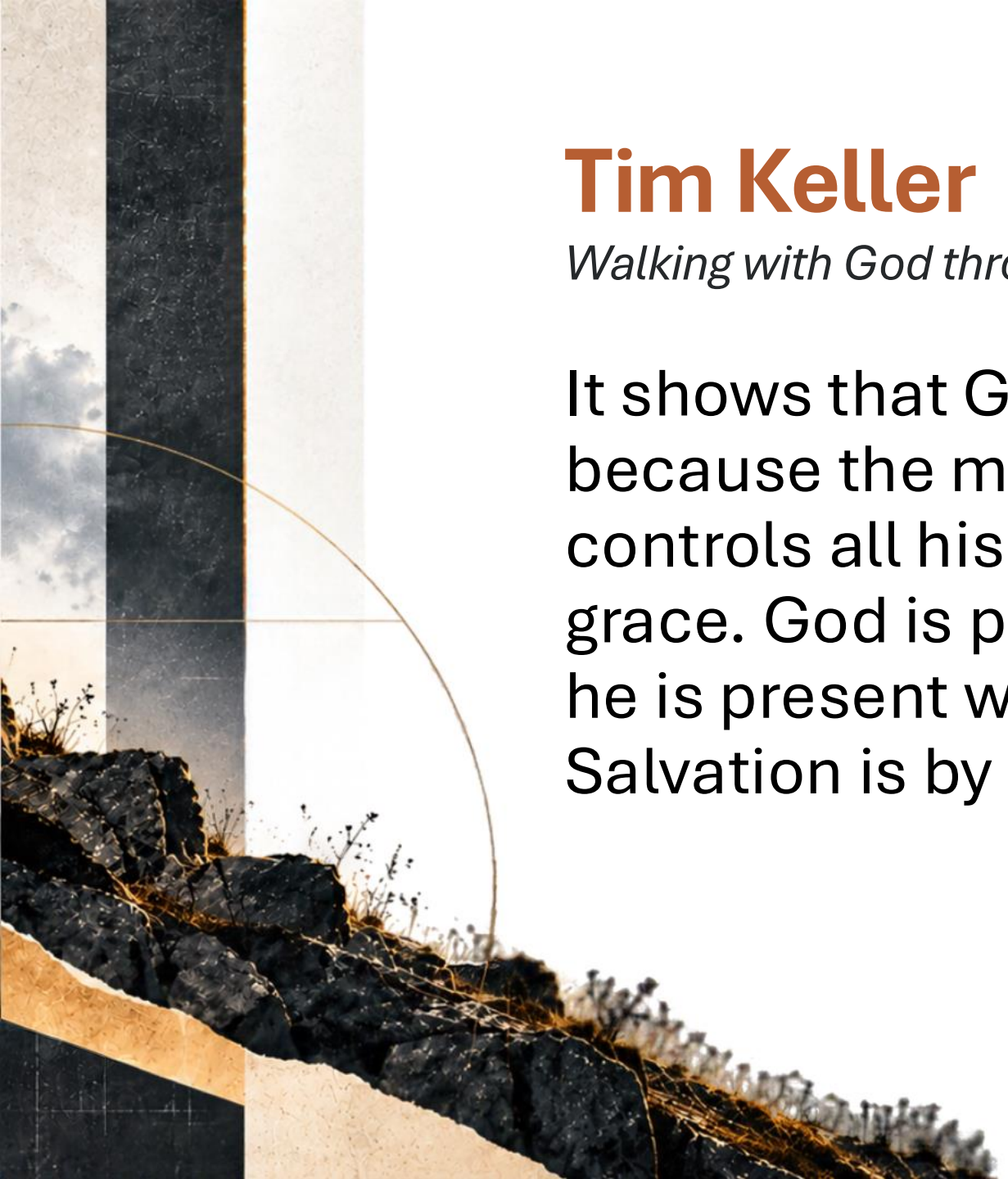
A Cry of Absence: Reflections for the Winter of the Heart, p. 68

Whoever devises from the Scriptures a philosophy in which everything turns out right has to begin by tearing this page out of the volume.

Four lessons in the darkness

1. **Darkness is a real possibility for *real* Christians**
2. **Darkness is an invitation to come honestly to God**





Tim Keller

Walking with God through Pain and Suffering, p.248

It shows that God remains this man's God not because the man puts on a happy face and controls all his emotions, but because of grace. God is patient and gracious with us – he is present with us in our mixed motives. Salvation is by grace.

Four lessons in the darkness

1. **Darkness is a real possibility for *real* Christians**
2. **Darkness is an invitation to come honestly to God**

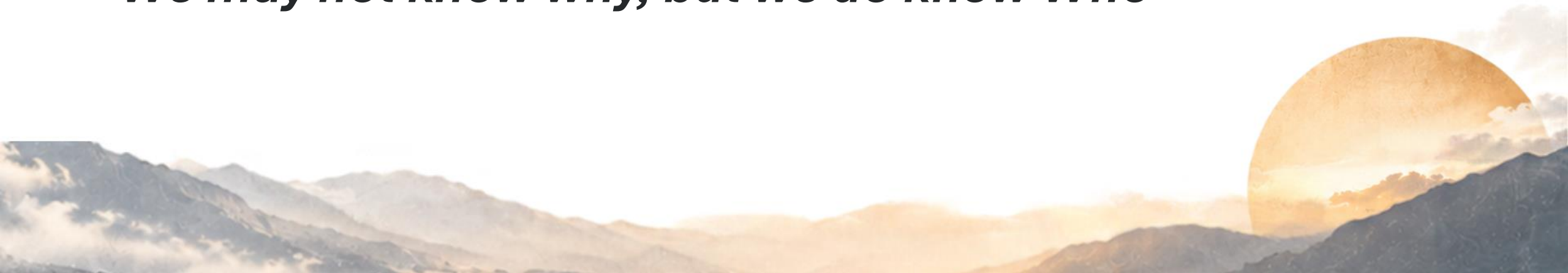
Even in darkness, God's grace is present

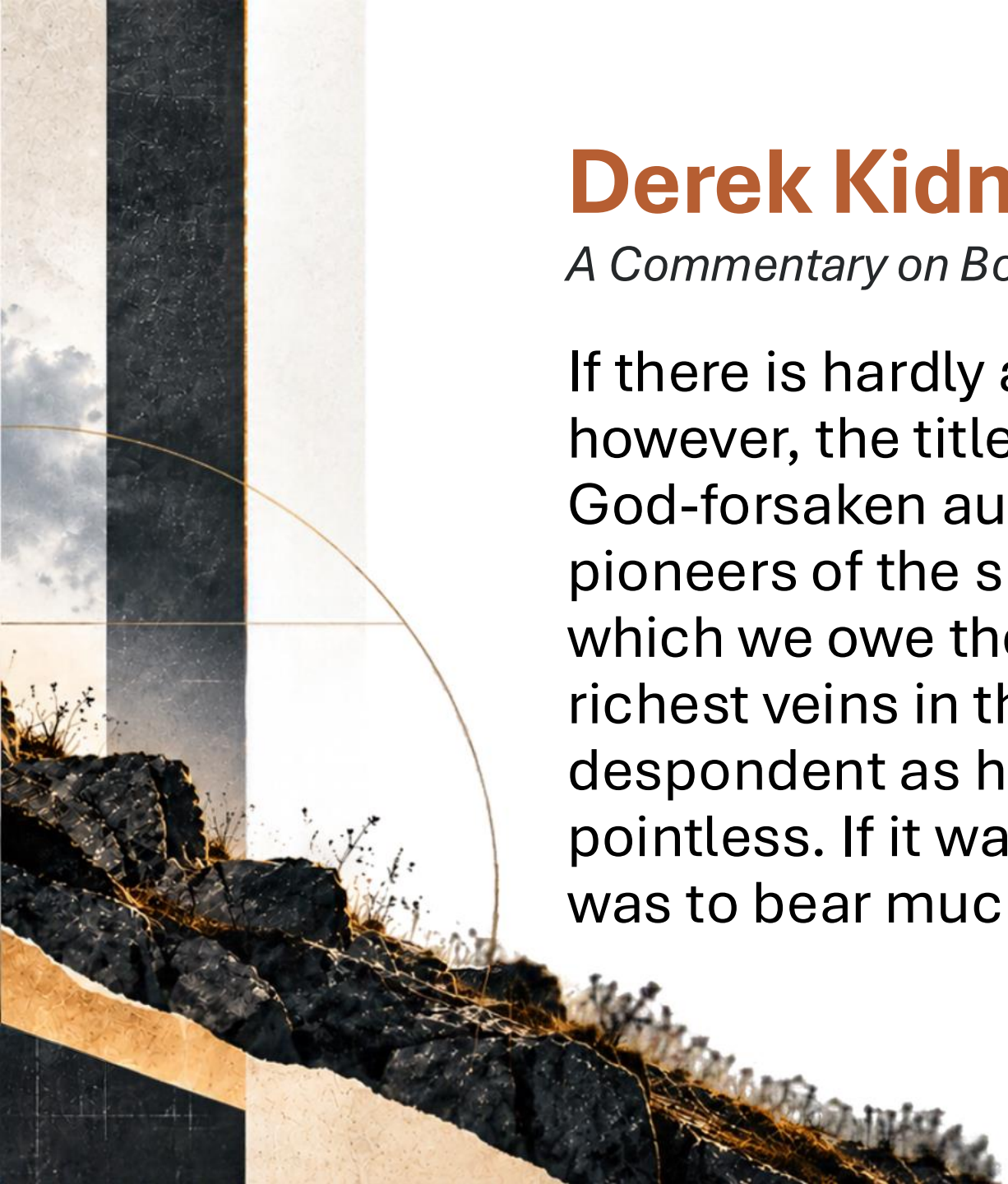


Four lessons in the darkness

1. **Darkness is a real possibility for *real* Christians**
2. **Darkness is an invitation to come honestly to God**
3. **Darkness is a call to trust beyond understanding**

We may not know why, but we do know Who





Derek Kidner

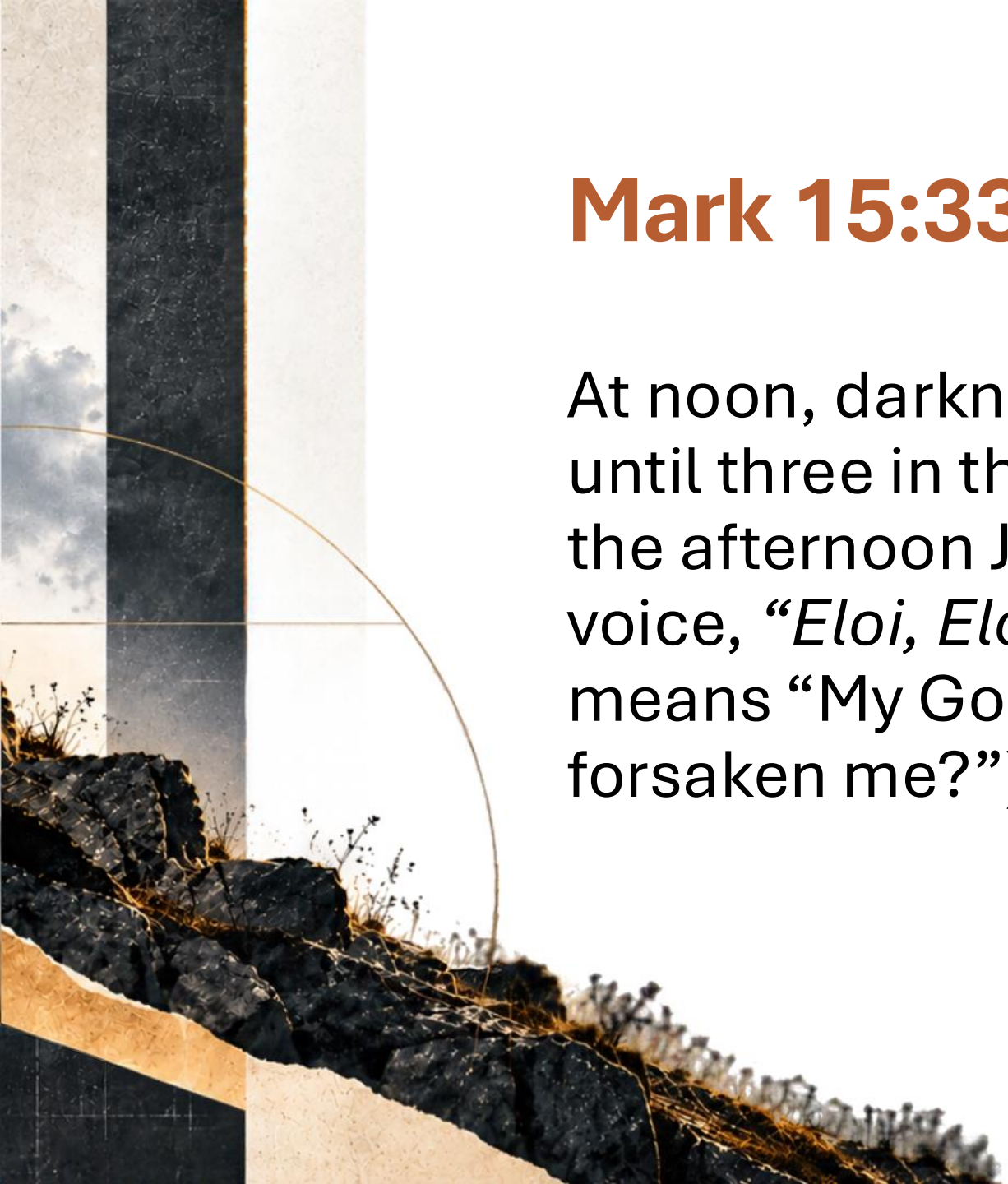
A Commentary on Books III-V of the Psalms, p.317

If there is hardly a spark of hope in the psalm itself, however, the title supplies it, for this supposedly God-forsaken author seems to have been one of he pioneers of the singing guilds set up by David, to which we owe the Korahite psalms, one of the richest veins in the psalter. Burdened and despondent as he was, his existence was far from pointless. If it was a living death, in God's hands it was to bear much fruit.

Four lessons in the darkness

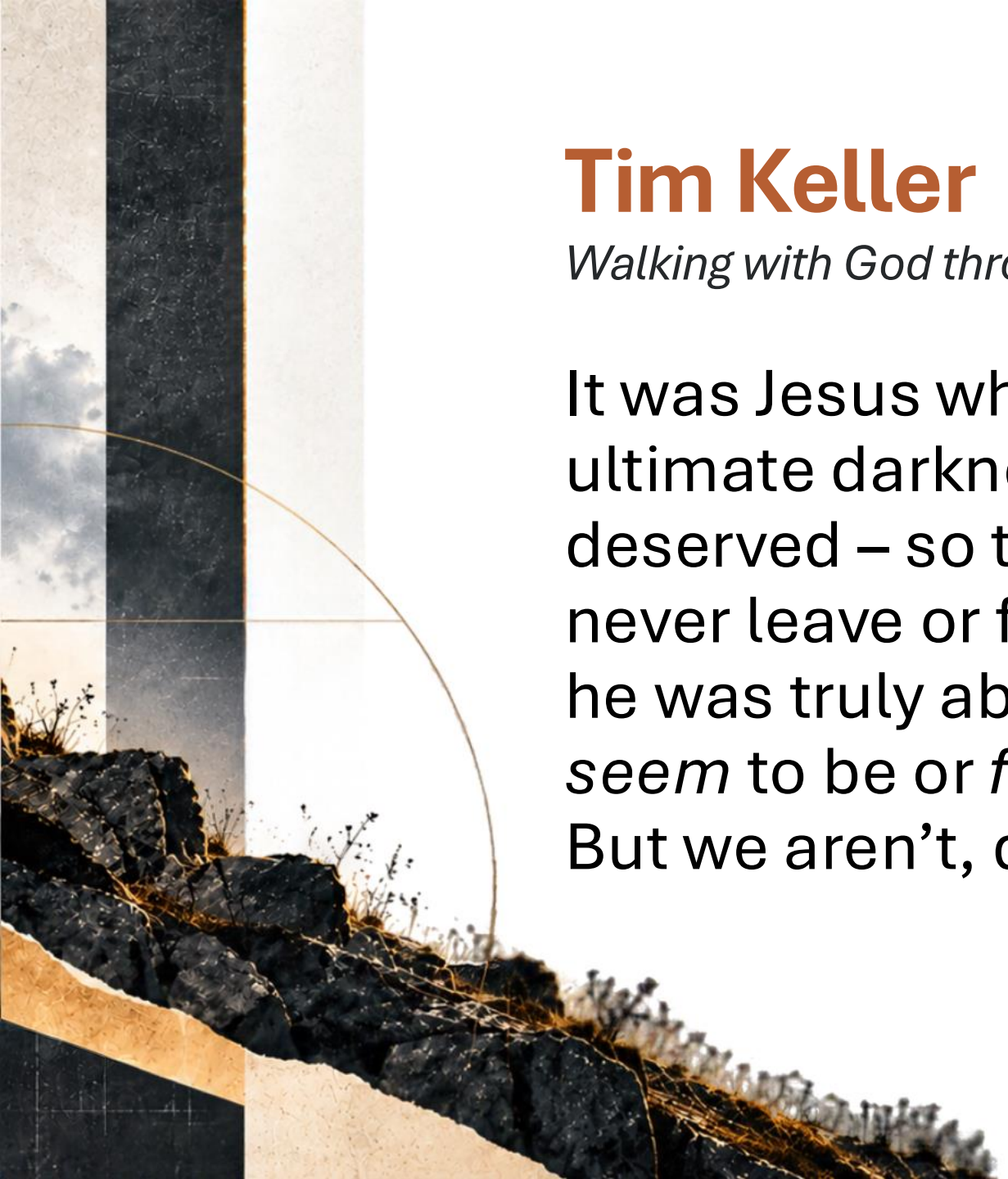
1. **Darkness is a real possibility for *real* Christians**
2. **Darkness is an invitation to come honestly to God**
3. **Darkness is a call to trust beyond understanding**
4. **Darkness is a reality that resurrection will overcome**





Mark 15:33-34

At noon, darkness came over the whole land until three in the afternoon. And at three in the afternoon Jesus cried out in a loud voice, *“Eloi, Eloi, lema sabachthani?”* (which means “My God, my God, why have you forsaken me?”)



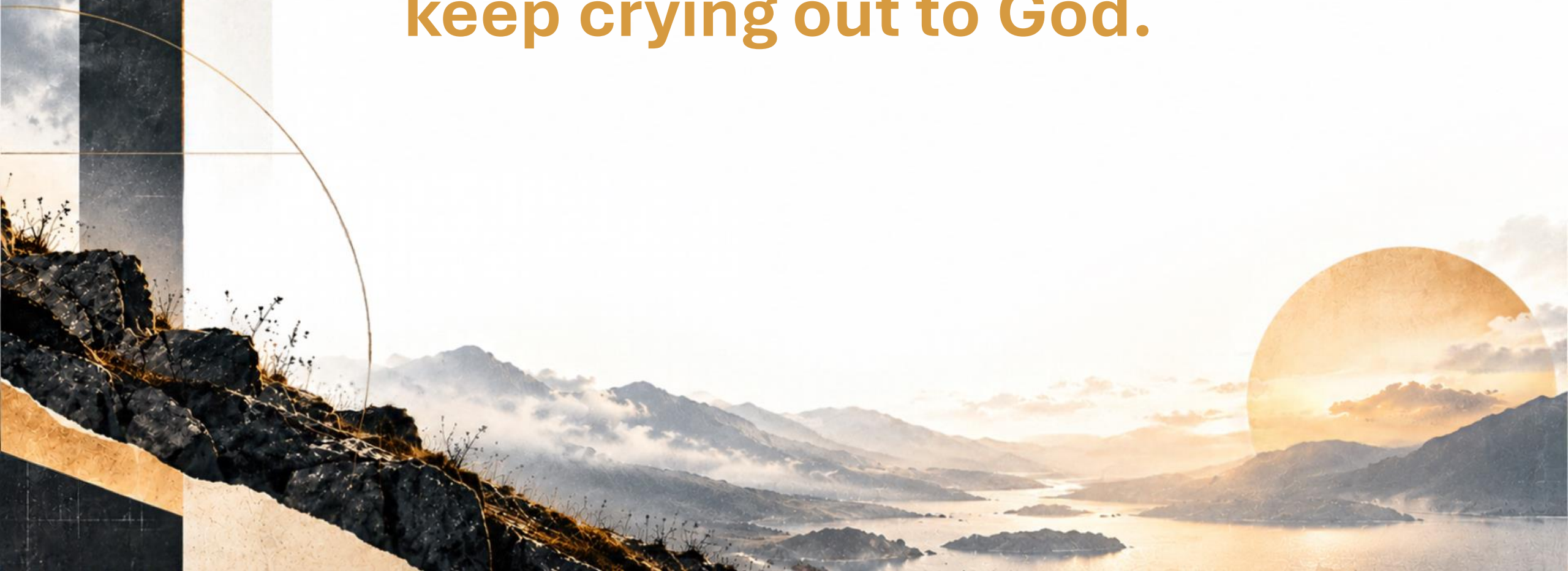
Tim Keller

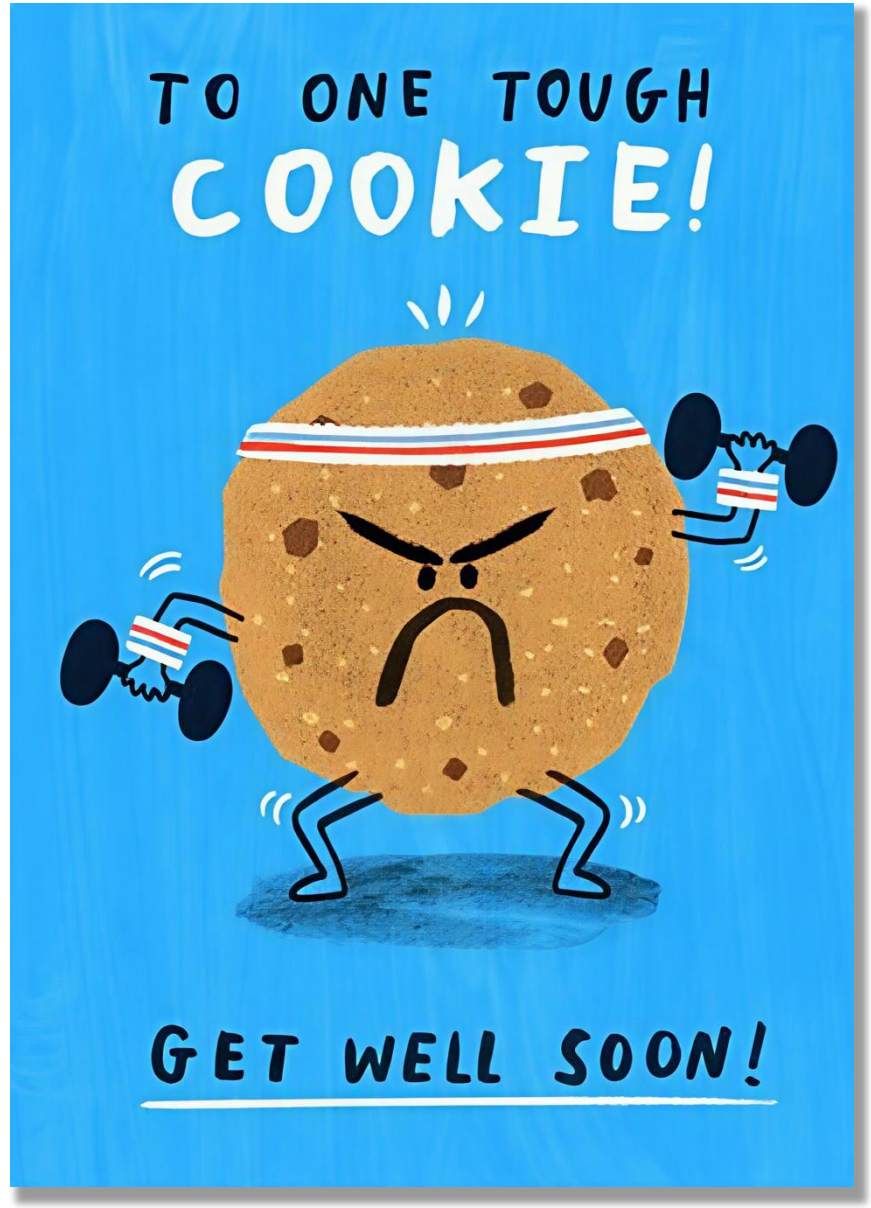
Walking with God through Pain and Suffering, p.250

It was Jesus who truly experienced the ultimate darkness – the cosmic rejection we deserved – so that we can know the Lord will never leave or forsake us (Heb 13:5). Because he was truly abandoned by God, we only *seem* to be or *feel* to be abandoned by Him. But we aren't, despite our failures.

Big Idea

Even in the deepest darkness,
keep crying out to God.




TO ONE TOUGH
COOKIE!
GET WELL SOON!