

THE GOOD LIFE

A Journey through 1 Peter

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12 Oct 25 | Shepherds Worth Following | 1 Peter 5:1-7 | Nelson Schonfeldt

Groups & Families Discussion Questions

Follow along with the sermon and use these questions to dive a little deeper with your group, with your families at home or for your own personal reflection.

Sermon Notes: Can you identify the main point, the subpoints and application of today's message?

Life Group Questions

1. Conversation starter: What are your memories of Covid lockdowns, whether cringy or fun?
2. Read 1 Peter 5:1-3. What qualities and attitudes should characterise church elders? How do these differ from worldly models of leadership?
3. Verse 5 calls younger believers to “submit to your elders.” Does that only apply to young adults? What might it look like practically in our church today and why is it important for the health of the church?
4. What does it mean to “clothe yourself” with humility, and how can we do that in our relationships within the church?
5. Verse 5 says that “God opposes the proud but shows favour to the humble.” How have you seen pride create division or resistance to God’s work, either in your own life or in the church?
6. Verse 7 commands believers to cast all their anxieties on God because He cares for us. What are some anxieties or burdens we often try to carry alone, and what does it practically mean to “cast” them on Him?
7. In verses 6–7, Peter links humility with trust—“humble yourselves... that He may lift you up in due time.” How does trusting God’s timing and care help us stay humble during seasons of difficulty or waiting?
8. Putting this all together, why is the local church important? Is that evident in the way we live? How can we live that makes it evident?