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The Blessed Life

Psalm 1

Graham Blaikie

## Groups & Families Discussion Questions

*Follow along with the sermon and use these questions to dive a little deeper with your group, with your families at home or for your own personal reflection.*

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**Sermon Notes:** Can you identify the main point, the subpoints and application of today's message?

### ***Life Group Questions***

1. Icebreaker: What's your favourite song, singer, band or style of music?
2. What "fun fact" about the psalms surprised or intrigued you the most?
3. Read Psalm 1. How many repeated words and concepts can you identify?
4. What are some ideas of the best/blessed life popular in our culture? Why does that pathway have such appeal for us and how do you combat that?
5. What are the attitudes, behaviours and destiny of the wicked? Of the righteous?
6. Is this psalm teaching salvation by works? Prosperity by obedience? How does reading it in context as Israelite covenant literature help (see Deut 28 and Lev 26)?
7. How does being on this side of the cross make a difference to how we read and apply Psalm 1?
8. What's one way you plan to sink your roots deeper into God's Word this year?