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19 Apr 26 | That You May Know | Ephesians 1:15-23 | Nelson Schonfeldt

Groups & Families Discussion Questions

Follow along with the sermon and use these questions to dive a little deeper with your group, with your families at home or for your own personal reflection.

Sermon Notes: Can you identify the main point, the subpoints and application of today's message?

Life Group Questions

1. Conversation Starter: Sometimes it's hard to know what's on the inside, but in this case you can! An Auckland bakery are selling horse-meat pies. Would you eat one?
2. This section of Ephesians is a prayer, the first of two Paul prays for the Ephesians (cf. 3:14-21). Why do you think the prayer is here and not at the beginning of the letter? What do you notice about the prayer that is encouraging, challenging and helpful?
3. Paul prays that God would give believers "the S/spirit of wisdom and revelation" (v.17) so they may know Him better. What do you think it means to truly know God better, not just know more about Him?
4. The "eyes of our hearts" have been enlightened by the Holy Spirit and the word of God. In biblical terms, the "heart" represents the seat of our will and emotions. What areas of your life need clearer "spiritual vision" right now?
5. In verses 18–19, Paul highlights three things we should understand: Our Hope, His Inheritance, and His Power. Which of these three do you find the most helpful to rely on in a difficult week? How can we rely on them more?
6. Read the scope of God's power in v.19-23. How would your daily stress level change if you fully grasped the "incomparably great power" available to those who believe?
7. Paul ends by declaring Christ as supreme over all things and head of the church. What does it look like in practice for us, both personally and as a group, to live with Jesus as our true head?