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1 Nov 26 | When My World Is Falling Apart | Psalm 46 | Graham Blaikie

Groups & Families Discussion Questions

Follow along with the sermon and use these questions to dive a little deeper with your group, with your families at home or for your own personal reflection.

Sermon Notes: Can you identify the main point, the subpoints and application of today's message?

Life Group Questions

1. Conversation Starter: What's the most frustrating help-line or customer-service call you've ever had?

2. Read Psalm 46 aloud. The psalmist pictures the earth giving way, the mountains falling into the sea and the nations in uproar (vv. 2-3, 6). What feels like it is "giving way" in our world or in your own life right now?

3. God is "our refuge and strength, an ever-present help in trouble" (v. 1). Why does it matter that the psalm starts with who God is before it even describes the trouble? When have you found him to be a help in trouble?

4. "Therefore we will not fear" (v. 2) is said together: we, not I. Why is fearlessness best done together? How can we be an "ever-present help" to someone else in trouble (2 Cor 1:4)?

5. Jerusalem was secure because "God is within her" (v. 5), yet it later fell to Babylon. What does it mean to count on God's presence but not his indulgence? How do we prepare wisely (KiwiSaver, insurance, health) without trusting our preparations instead of God (Ps 20:7)?

6. "Be still, and know that I am God" (v. 10) is God's command to the nations in uproar, much like Jesus telling the storm, "Quiet! Be still!" (Mark 4:39). How does that change the way you hear this familiar verse? How does it help you face the news about the world's leaders and conflicts?

7. Billy Crystal said of God, "I don't trust Him. Too many bad things have happened." How would you respond, honestly and gently, to a friend who said that? How do God's promises to be with us help: Father (Heb 13:5), Son, "Immanuel" (Isa 7:14), and Spirit (John 14:16-17)