



The Orchard Church | 20 MacLoughlin Drive, Te Puke 3119 | p +64-7-5738961

9 Aug 26 | Grow into Maturity | Ephesians 4:7-16 | Nelson Schonfeldt

Groups & Families Discussion Questions

Follow along with the sermon and use these questions to dive a little deeper with your group, with your families at home or for your own personal reflection.

Sermon Notes: Can you identify the main point, the subpoints and application of today's message?

Life Group Questions

1. Conversation Starter: If you could shrink something down and have a miniature version of something, what would it be?
2. The sermon began with the idea that while miniature things are cute, spiritual immaturity isn't. What do you think spiritual maturity looks like in real life? Who is someone you've known who displayed it well?
3. Read Ephesians 4:7–10. Why does Paul spend time reminding us that Christ is the victorious, ascended King before talking about growth? How does Christ's victory give you confidence that growth is possible?
4. Read Ephesians 4:11–12. The sermon emphasised that Christ grows His people through His people. How does this challenge the way many Christians think about church? Where are you tempted to become a passive consumer rather than an active participant?
5. Looking at verses 13–16, which aspect of Christ's vision for maturity do you think our church most needs to grow in, and why?
6. Verse 15 calls us to "speak the truth in love." Why is it so difficult to hold truth and love together? Which side do you naturally drift toward—truth without love, or love without truth—and what might growth look like for you?
7. The sermon finished with several practical applications: prioritising church, being equipped, joining a group, serving, and being encouraged that Christ has supplied what we need. Which of these is your next step, and what is one practical action you could take this week to move towards it?