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30 Aug 26 | Step Into the Light | Ephesians 5:3-14 | Nelson Schonfeldt

Groups & Families Discussion Questions

Follow along with the sermon and use these questions to dive a little deeper with your group, with your families at home or for your own personal reflection.

Sermon Notes: Can you identify the main point, the subpoints and application of today's message?

Life Group Questions

1. Conversation Starter: What is something you used to think was strange or ridiculous, but after seeing it often enough it started to seem normal?
2. Read Ephesians 5:3–6. Paul says certain behaviours are simply not fitting for God’s people. Which – if any – do you think we tend to downplay?
3. In v.4 Paul contrasts obscene, foolish or inappropriate speech with thanksgiving. Why do you think thanksgiving is such a fitting alternative? What does gratitude do to desires such as greed or impurity?
4. Paul warns, “Let no one deceive you with empty words” (v.6). What are some of the ways we can minimise or rationalise behaviour that Scripture treats seriously?
5. Read vv.7–10. Paul doesn’t merely say that Christians should *walk in light*; he says, “you are light in the Lord.” How should knowing who we already are in Christ affect the way we pursue goodness, righteousness and truth?
6. Paul tells believers not merely to avoid works of darkness, but to expose them. What are some of the dangers and benefits of this? How do we do it biblically and well? See Matthew 7:3–5 and Matthew 18:15–17.
7. “Bring your darkness into the light.” “Christ will shine on you.” Is there an area of your life that you are tempted to excuse, conceal, or keep others from seeing? What would taking one genuine step into the light look like this week—and do you have someone in your life you could trust to help you do it?