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4 Oct 26 | Stand Your Ground | Ephesians 6:10-17 | Jared Riseborough

Groups & Families Discussion Questions

Follow along with the sermon and use these questions to dive a little deeper with your group, with your families at home or for your own personal reflection.

Sermon Notes: Can you identify the main point, the subpoints and application of today's message?

Life Group Questions

1. What's something you were absolutely convinced was true as a kid, but later discovered you had completely wrong?
2. Read Ephesians 6:10–17. What words, ideas or commands are repeated throughout the passage? From those repetitions, what do you think is Paul's main concern?
3. Paul says, "our struggle is not against flesh and blood" (v.12). How should recognising that there is a genuine spiritual dimension to the Christian life affect the way we understand temptation, opposition, discouragement and conflict?
4. Where have you sometimes attributed difficulties, setbacks or temptations to Satan when they may simply have been the result of circumstances, your own choices, or living in a fallen world? On the other hand, are there times when we might make the opposite mistake and fail to recognise genuine spiritual opposition?
5. Paul repeatedly commands Christians to "stand" (vv.11, 13, 14). What does *standing firm* actually look like in ordinary Christian life? What are some of the pressures that can gradually cause Christians to give ground?
6. Work through the different pieces of armour in vv.14–17: truth, righteousness, the gospel of peace, faith, salvation and the Word of God. How does each one help us to stand against the enemy? Which piece of armour do you particularly need to make better use of at the moment?
7. Paul writes these instructions to a church, not simply to isolated individuals fighting their own spiritual battles. How can we practically help one another "stand firm"? Where might you need the support of other Christians to stand firm at the moment?