



# Life Group Questions

Based on Sermon 10<sup>th</sup> June 2018 – About Lust

**Matthew 5:27–30** <sup>(NIV)</sup>

“You have heard that it was said, ‘You shall not commit adultery.’<sup>28</sup> But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.<sup>29</sup> If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose

one part of your body than for your whole body to be thrown into hell.<sup>30</sup> And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

The sermon on Sunday began by informing us that New Zealand has the 5<sup>th</sup> highest pornography usage per capita in the world and that a dating site has as it’s buy line “Life is short, have an affair”

*Question 1a: What is your reaction to this?*

*Question 1b: Is it easier to identify lust in our culture or lust in our own lives?*

Lust could be described as a strong desire to have what would be sinful or morally prohibitive.

*Question 2a: What are your thoughts regarding this definition?*

*Question 2b: Even though Jesus is referring to sexual lust can lust refer to other areas of our lives?*

Lust was described on Sunday as not inherently bad as lust stems from desires God has given us.

*Question 3a: Do you agree with this?*

*Question 3b: If not how would you nuance this based on what Jesus said in these verses?*

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Question 4a: How does Jesus reference to lust being more of a heart issue than an action issue bring the issue of lust much closer to the reality of our own lives?

Question 4b: If lust is a heart issue then what can be done to retune our heart to overcome lust in our lives?

Also mentioned in the sermon was that Jesus was bankrupting his listeners/readers

Question 5a: What in this part of His sermon gives us the idea that this is what Jesus was doing?

Question 5b: How does these words of Jesus bankrupt you?

It was said on Sunday that lust stems from our misbeliefs ...

Question 6a: What are the misbeliefs that drive or feed our lust?

Question 6b: What can we do to counter those misbeliefs in our lives?

Jesus referred dealing with lust by gauging out our eye or cutting off our hand.

Question 7a: What was the point Jesus was making by this rather draconian statement?

Question 7b: If lust is not dealt with in our lives what are the likely consequences?

Question 7c: What sort of a reaction was Jesus hoping you would have to this?

Question 8a: How does faith in the work of Christ on the cross help us deal with lust in our lives?

Question 8b: How does the ministry of the Holy Spirit move us to Holiness in the face of lust?

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